

BODY TREATMENTS BROCHURE



HALCYON BACK DETOX

Our back detox is designed for every aspect of detoxifying and reviving your back, neck and shoulder area. Involving a deep exfoliating cleanse to remove all dead skin cells , followed by an enriching mask treatment to nourish and hydrate , massage to melt away all your tension spots and a generous application of our own brand moisturiser.

Perfect for those who need more than a massage treatment for the back, also great for clients who may have acne on their back.

40 minutes - £32

FOOT AND LEG REVIVE

If you have tired dull achy legs and really need to feel cleansed, refreshed and revived then this treatment is for you.

Treatment includes a complete cleanse and deep exfoliation of the lower leg and foot area. A tranquil massage to drift away before the feet are wrapped up with a steamed towel but not before a hydrating body mask application! Foot balm to finish.

30 minutes - £28

HAND AND ARM REVIVE

Seasonal changes, age , stress, Sun exposure, nutrition, lack of sleep, So many things affect the skin and your hands always get the worst of it. Its an often neglected area of the body that deserves some TLC too.

Treat yourself to a gentle cleanse of the hands with a deep exfoliation followed up with a relaxing , slow stretching massage, mask application wrapped with a toasty towel and finished with a hydrating hand cream and cuticle care.

30 minutes - £28

REFLEXOLGY

Reflexology is a treatment that has been performed over the centuries. Delving into our more holistic approach , Its believed to help restore the body's equilibrium by stimulating different points on the feet including nerve endings. These points reflect the body's organs and complete systems.

Gently pressing, kneading or sweeping over these points can help your body to relax, which in turn helps to improve sleep, reduce tension, help relieve symptoms of minor discomforts and improve mood

30 minutes - £25

SOUNDS GOOD RIGHT!

Availability to book from April 1st !

Please message via our Instagram,
Facebook or Email at
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details!

